



International Sugar Organization

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EXECUTIVE DIRECTOR

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How Well Do You Know Sugar?

The Executive Director would like to call your attention to the document "How Well Do You Know Sugar" prepared by The Sugar Association in the United States of America. It contains very useful information about the nutritional value of sugar consumption and has categoric scientific evidence to back the contribution we make to the human diet.

Members & readers are encouraged to use the points and arguments contained in this booklet to communicate effective messages in your respective countries and regions.

http://www.sugar.org/wp-content/uploads/HowWellDoYouKnowSugar_May2019.pdf
