



International Sugar Organization

1 Canada Square
Canary Wharf
London E14 5AA

EXECUTIVE DIRECTOR

**Press Release(18)60
(English only)**

19 September 2018

Various sugar related articles

The Executive Director would like to draw your attention to the articles below all of which are relevant to the sugar sector.

Food Navigator.com – 18 September 2018

Sugar, salt and fat substitutes 'blunt' nutrient perception

18-Sep-2018 By Paul Gander

New French research shows that 'nutrient signalling', or the ability to taste the presence of a given nutrient in foods, becomes less efficient and less reliable as foods become more complex and different tastes compete for attention, potentially confusing our ability to judge and adjust dietary intake.

<https://www.foodnavigator.com/article/2018/09/18/sugar-salt-and-fat-substitutes-blunt-nutrient-p>

Food Navigator.com – 17 September 2018

FOOD FOR KIDS: Why do so many kids have food allergies, and what can we do about it?

17-Sep-2018 By Elaine Watson

The prevalence of food allergies has increased dramatically over the last 25 years, with infants and children most severely affected. But why? Is it changes in gut bacteria? The so-called 'hygiene hypothesis'? The rising use of antibiotics? Is prevalence, and in some cases severity, increasing? What do we know, what don't we know (yet), and what are the next steps in addressing the problem?

<https://www.foodnavigator-usa.com/article/2018/09/17/food-for-kids-why-do-so-many-kids-have-food-allergies-and-what-can-we-do-about-it>
