



EXECUTIVE DIRECTOR

**Press Release(18)34
(English only)**

24 May 2018

Various sugar related articles

The Executive Director would like to draw your attention to the articles below all of which are relevant to the sugar sector.

Food Navigator.com - 22 May 2018

British food firms fail on government's 5% sugar reduction target

22-May-2018 By Niamh Michail

UK food and drink manufacturers have fallen short of Public Health England's 5% voluntary target for sugar reduction, achieving just 2% at the end of the first year.

<https://www.foodnavigator.com/article/2018/05/22/british-food-firms-fail-on-government-s-5-sugar-reduction-target>

Food Navigator.com - 22 May 2018

'Don't hold back': Studies support eggs for heart health and prediabetics

22-May-2018 By Stephen Daniells

An egg a day may reduce risk of stroke by 26%, and eating up to 12 per week does not negatively impact cholesterol for people with pre-diabetes or type 2 diabetes, according to a couple of new studies.

<https://www.foodnavigator-usa.com/article/2018/05/22/don-t-hold-back-studies-support-eggs-for-heart-health-and-prediabetics>

Food Navigator.com - 23 May 2018

Nestlé top for tackling nutrition issues - but all global firms need to improve

23-May-2018 By Niamh Michail

Nestlé is top for addressing the double burden of obesity and malnutrition, and while many firms have stepped up efforts, a "disappointing" number have too many unhealthy products in their portfolios, according to the Access to Nutrition Index (ATNI)

<https://www.foodnavigator.com/article/2018/05/23/nestle-top-for-tackling-nutrition-issues-but-all-global-firms-need-to-improve>

Food Navigator.com - 23 May 2018

UK sets sugar reduction targets for juice and milk-based drinks

23-May-2018 By Rachel Arthur

Juice and milk-based drinks are currently exempt from the UK's sugar tax: but Public Health England has set out targets for sugar reduction in these categories – and says that progress will be taken into account when it reviews the milk-based drinks exemption in 2020.

<https://www.foodnavigator.com/article/2018/05/23/uk-sets-sugar-reduction-targets-for-juice-and-milk-based-drinks>
