



# International Sugar Organization

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EXECUTIVE DIRECTOR

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## **Article from the Institute of Food Science and Technology**

The Executive Director would like to call your attention to the publication by Dr. Julian Cooper from the "Institute of Food Science and Technology (IFST)". This statement contains very complete information about the role of sugar in human nutrition and its contribution to a healthy balanced diet, and members are encouraged to take advantage of this sound scientific evidence to rebut any misconstrued attacks against sugar. Please click on the link below to access the publication.

<http://www.ifst.org/knowledge-centre/information-statements/sugars>